Curriculum Overview

Curriculum Area: Learning for Life Year: 10

Year 10 Curriculum:

Autumn Term:

Pupils will explore equality, relationships, and sexual health. They will learn to challenge prejudice and discrimination, understand sexual orientation, consent, and healthy intimacy both online and offline. Pupils will also develop their knowledge of pregnancy, fertility, parenthood, and the prevention and treatment of STIs. In addition, they will focus on wellbeing by exploring body image, recognising personal strengths, building resilience, and developing strategies to manage mental health challenges and access support when needed.

Spring

Pupils will explore how lifestyle choices affect health and wellbeing, including blood, organ and stem cell donation, cosmetic procedures, alcohol, and illegal drugs. They will learn about personal safety, managing risks, and responding to emergency situations. Pupils will also develop an understanding of the UK legal system, citizenship, community involvement, and financial literacy, including budgeting, saving, debt, and public spending. In addition, they will build effective study skills and learn how to recognise and respond to bullying, both online and offline.

Summer – Pupils will complete a careers topic. Please see the careers page.
As well as this pupils will also explore human rights and international law, diverse national, regional, religious and ethnic identities in the United Kingdom and the need for mutual respect and understanding

Links to National Curriculum

- ***Equality, diversity and respect****: challenging prejudice, discrimination and understanding different identities.*
- ***Healthy relationships and consent****: sexual orientation, intimacy, consent, communication and staying safe online and offline.*
- ***Sexual and reproductive health****: STIs, fertility, pregnancy and parenthood.*
- ***Mental health and wellbeing****: body image, self-esteem, resilience and accessing support.*
- ***Physical health and risk****: alcohol, drugs, cosmetic procedures, personal safety and emergency situations.*
- ***Digital safety and bullying****: recognising and responding to bullying and online harms.*
- ***Citizenship and finance****: the legal system, community participation, budgeting, saving and debt.*
- ***Rights and responsibilities****: human rights, international law and mutual respect in a diverse society.*
- ***Preparation for adulthood****: study skills, careers and informed decision-making.*

Knowledge and understanding of this curriculum will be assessed by:

Pupils will be assessed via formative assessment during the lesson through discussions and question and answering.

Pupils will also take part in summative assessment each half term via knowledge quizzes to check their understanding.

Powerful Knowledge/Cultural Capital Opportunities

The content delivered through learning for life is specifically relevant to their age and environment and reflects the lives they will be living in the real world